



# It's About TIME

*to step up and take charge of*

## The Course of Your Life

Test-drive the wisdom of the ages in this balance of practical and insightful spiritual self-help, focused on making your life happier, more fulfilled, and more effective.

In each session, learn to master one aspect of your personal life related to the kabbalistic energies of the month. Learn. Grow. Be inspired. Be empowered. Take action. Implement change.

**Classes will be held at  
Chabad Huset**

**Ole Suhrsgade 10, 1354 Kbh K**

**RoshChodeshSociety.com**

**www.chabad.dk**



A program  
of the Rohr  
Jewish Learning  
Institute

*A remarkable new Jewish  
educational experience for women  
from the*

**ROSHCHODESH**  
society



### **The Kabbalah of Sleep**

*How to Reenergize and Prioritize Your Life*  
Thursday, d. 22 november, 2012 , kl. 20.00



**כסלו**  
Kislev



**טבת**  
Tevet



**שבט**  
Shevat



**אדר**  
Adar



**ניסן**  
Nissan



**אייר**  
Iyar



**סיוון**  
Sivan

### **When More Makes Merrier**

*A Holistic Approach to Pursuing Happiness*  
Sunday, d. 10, februar 2013 kl. 20.00.

### **Empathically Speaking**

*A Jewish Approach to Effective Communication*  
Monday, d. 11 marts, 2013 kl. 20.00.

### **Knowing the Unknowable**

*Bridging the Gap Between Faith and Reason*  
Wednesday, d. 10. april, 2013 kl. 20.00.

### **Going the Extra Mile**

*Tools for Implementing Lasting Change*  
Monday, d. 27. maj, 2013 kl. 20.00